

Opening Alaska Safely During COVID-19 Pandemic

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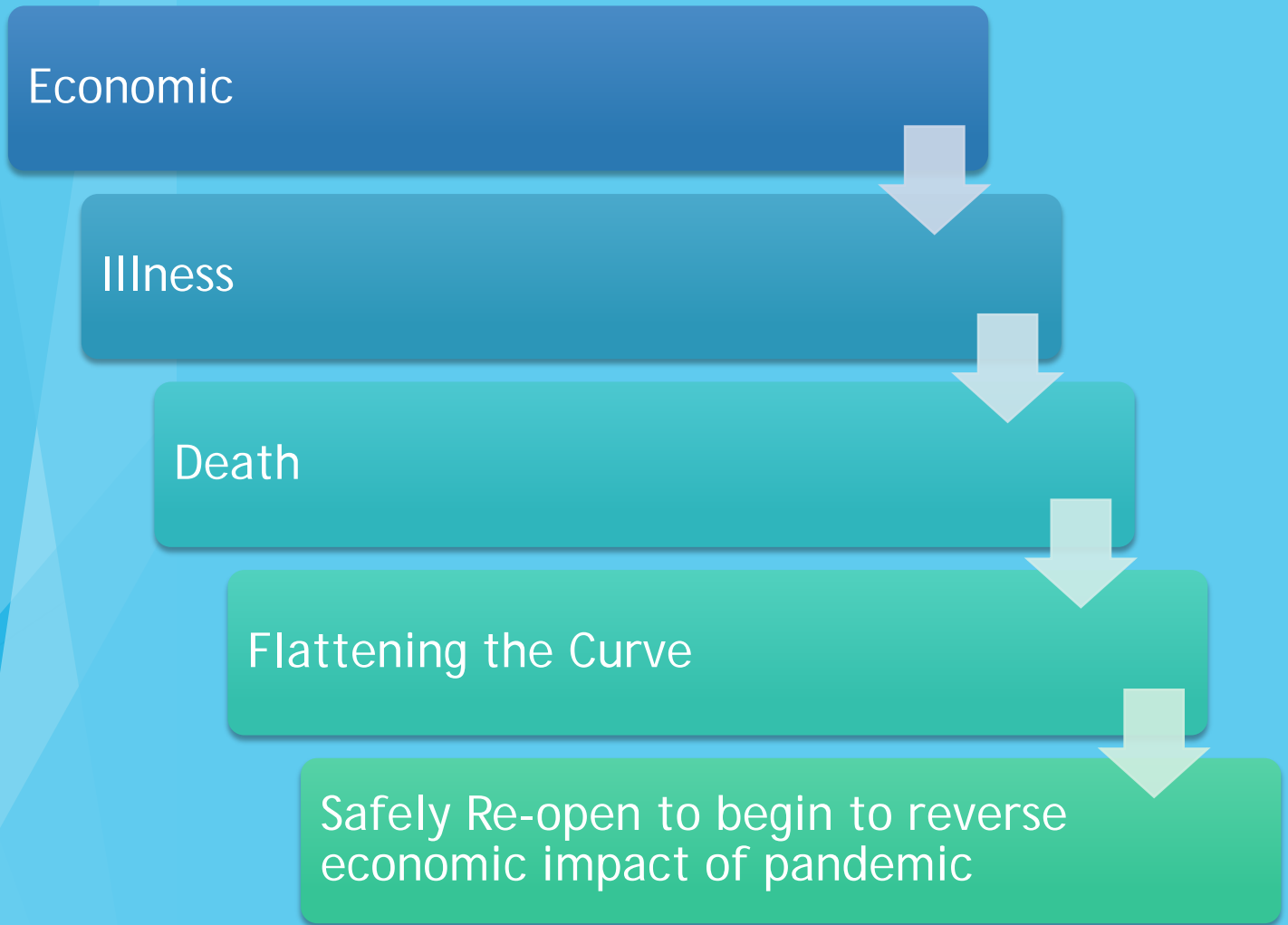
White House Guidelines to Opening Up America Again

Alaska Health Mandates

- General
- Industry Specific
- Alaska Specific

Conclusion

COVID-19 World Impact

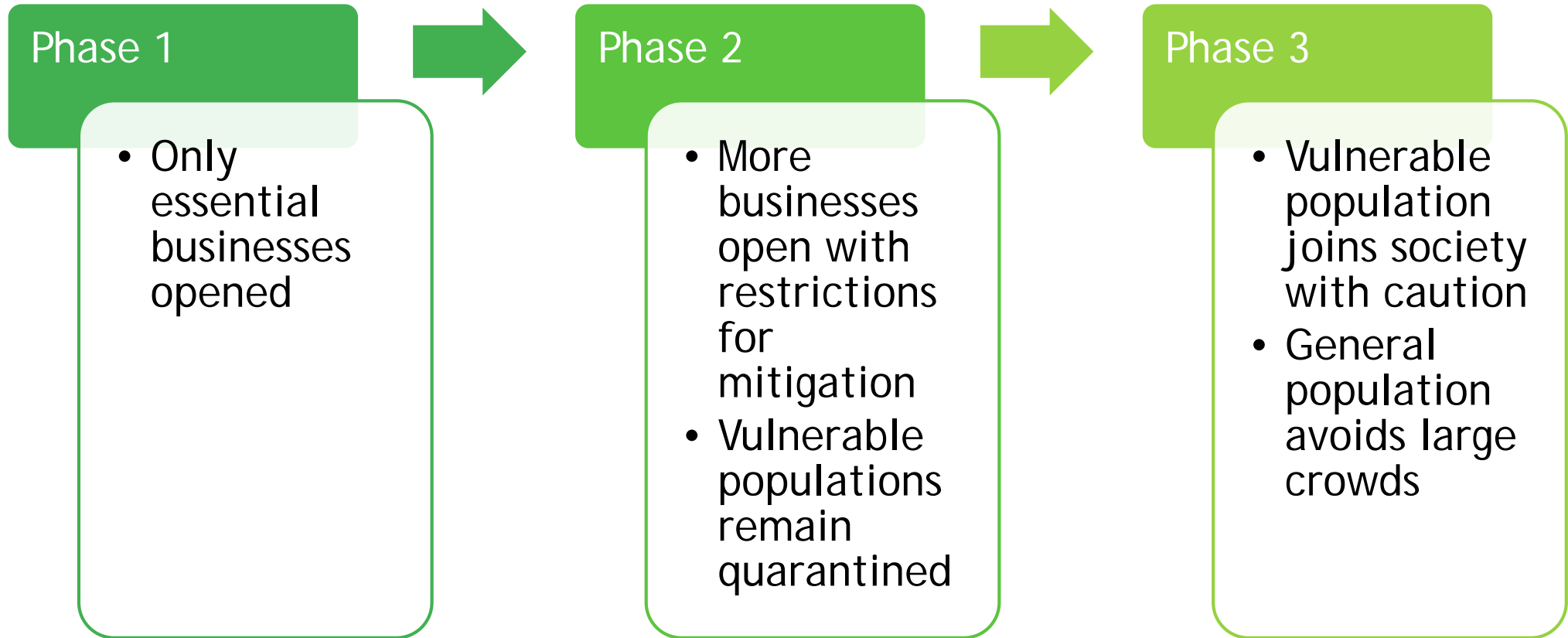


White House Criteria for Re-Opening

Three Phases

- Will use up-to-date Data and Readiness
- Mitigate the Risk for Resurgence
- Protect the Most Vulnerable
- Implementable on Statewide or County-by-County basis at Governor's Discretion

White House Three-Phase Strategy



Criteria to Qualify for Phase 1

Symptoms

- Downward trajectory of influenza-like illnesses (ILI) reported within a 14-day period
- Downward trajectory of COVID-like Syndromic cases reported within a 14-day period

Cases

- Downward trajectory of documented cases within a 14-day period
- Downward trajectory of positive tests as a percent of total tests within a 14-day period

Criteria to Qualify for Phase 1

Hospitals

- Ability to treat all patients without crisis care
- Have a robust testing program in place for at-risk healthcare workers, including emerging antibody testing

Caveat

- Ability to step back a Phase

Alaska Phase 1 and Phase 2

Health Mandates

Must be Followed - "Shall"

Reckless Endangerment - Class A Misdemeanor

- Individual
 - Up to \$25,000
- Business/Organization
 - Up to \$500,000
 - Up to \$2,500,000 in the event of a death

Alaska Phase 1 and Phase 2

Health Alerts

“Should” be Followed

- No monetary penalty

Types of Guidance

Social
Distancing

Hygiene
Protocols

Cleaning and
Disinfecting

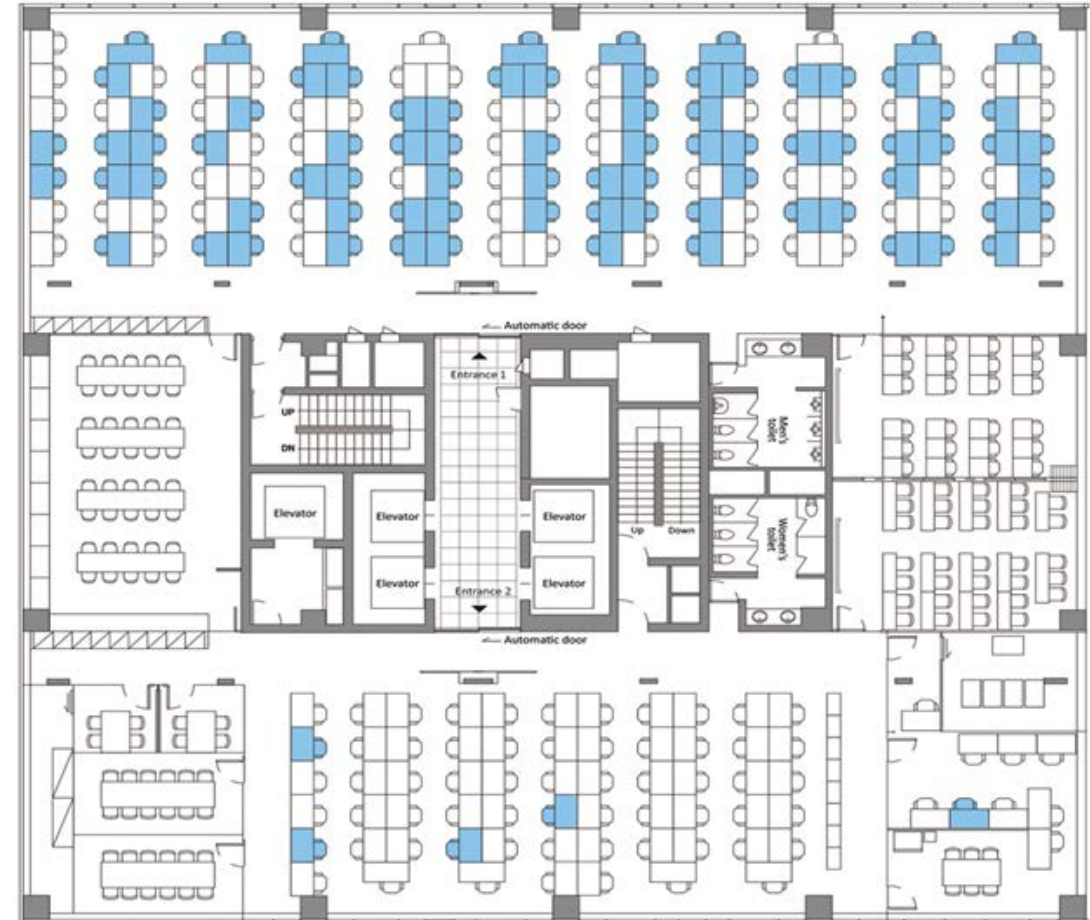
Staffing

Industry
Specific
Guidance

Guidance
Unique to
Alaska

Social Distancing - Case Study - Early Release

- ▶ Epidemiology of COVID-19 Outbreak in Call Center in South Korea
- ▶ First known cases in the form of outbreaks at workplaces, religious activities, mass gatherings
- ▶ May 8 - Government notified of a case in the call center
- ▶ May 9 - Identified positive cases with symptoms, pre-symptomatic, asymptomatic - building was closed
- ▶ Mostly one side of work space between people in close proximity



- ▶ Six feet or more between individuals and household groups
- ▶ Provide alternative workspace and/or special accommodations for High Risk employees
- ▶ No waiting in waiting areas
- ▶ No reading materials or drink service in waiting areas
- ▶ Cloth face coverings
 - ▶ “Must” be worn by employees and patrons in Phase 1;
 - ▶ Strongly recommended for Phase 2

Social Distancing

Social Distancing

Reservations only for Initial Opening

- Walk-ins permitted in next Phase if logs of guests are maintained

Limited building occupancies

Establish COVID-19 Mitigation Plan

Notify public of Plan

- Symptomatic = Do Not Enter

Hygiene Protocol



Provide handwashing capability or hand sanitizer



Encourage frequent handwashing

Upon entering and leaving a facility
Upon returning home

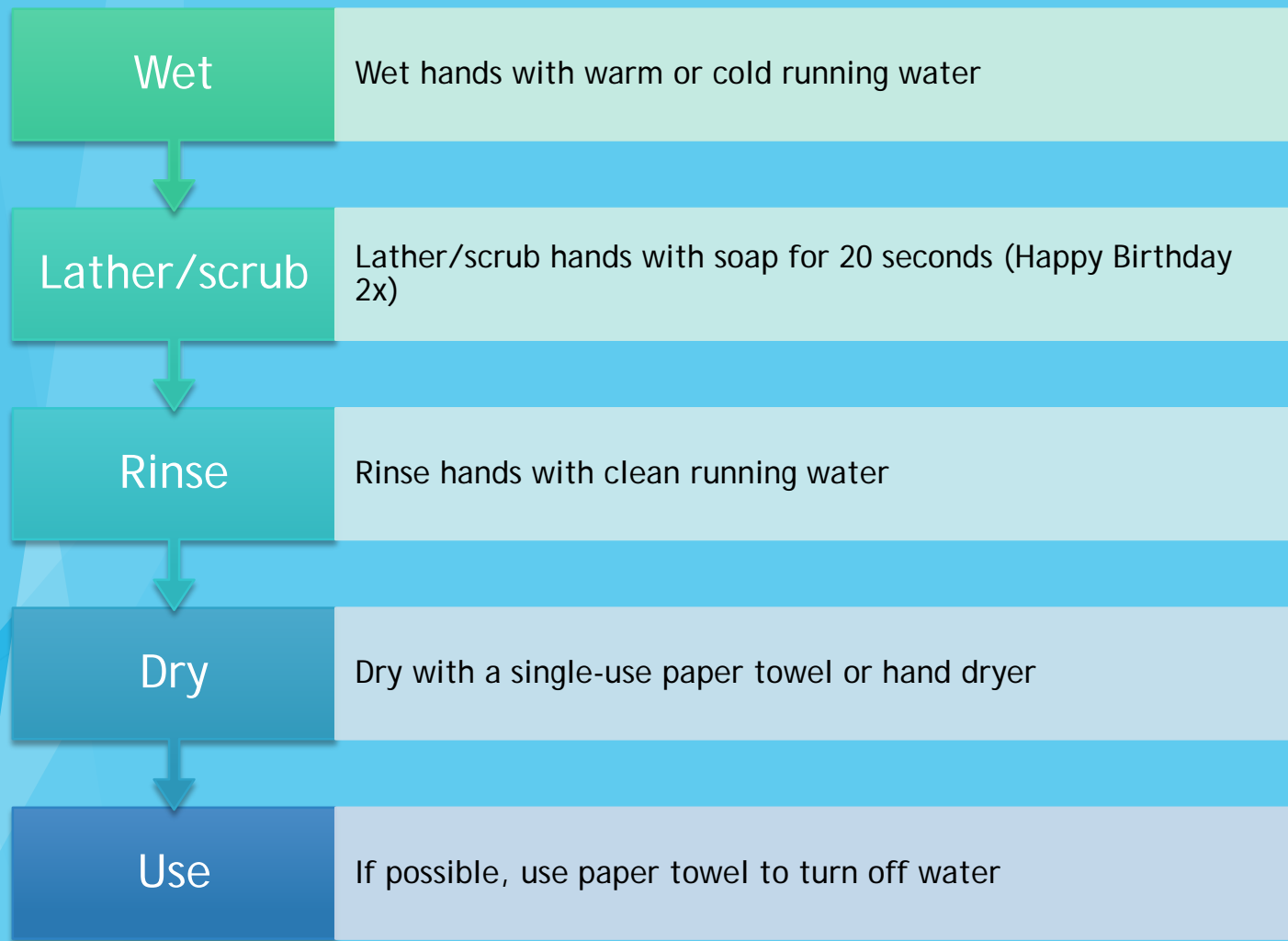


Keep facility stocked with hand soap, paper towels, and hand sanitizer



Post instruction on proper handwashing

How to Wash Hands



Cleaning and Disinfecting

Cleaning - Removing soil that is visible

Disinfecting (Sanitizing) - Removing that which is invisible

(i.e. viruses and bacteria)

Use EPA-Registered disinfectants to ensure deactivation

Provide disinfectant for frequent sanitizing of hand-contact surfaces

Doorknobs, light switches, desktop equipment, pens, commode levers, etc.

- Hourly - frequent public interaction
- Daily - little to no public interaction

Cleaning and Disinfecting

Chairs and other items after each service in personal care

- ▶ Massages, manicures, hair care

Entire facility

- ▶ Once per week
- ▶ Or...close down for 72 hours
- ▶ Immediately after an employee tests positive with COVID-19

Staffing

Employer to provide training to Employees on Health Mandates and Mitigation Plan

Employer must conduct pre-shift health screening

No employee with symptoms will provide service

Symptomatic or ill employees must not return to work

Employees excluded for 72 hours following a fever

Establish plan employees becoming ill and returning to work

Retail

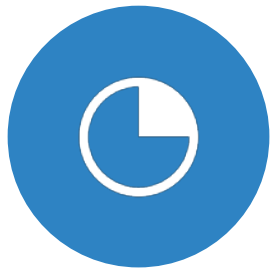
One person per household per visit

Establish entryway/curbside orders/pickups and deliveries

Utilize telephone and online ordering for contactless pick up and delivery

Implement cashless and receipt-free transactions

Restaurants



PHASE 1 - 25% OF
OCCUPANCY OR <20
PEOPLE - WHICHEVER IS
LESS



PHASE 2 - 50% OF
OCCUPANCY

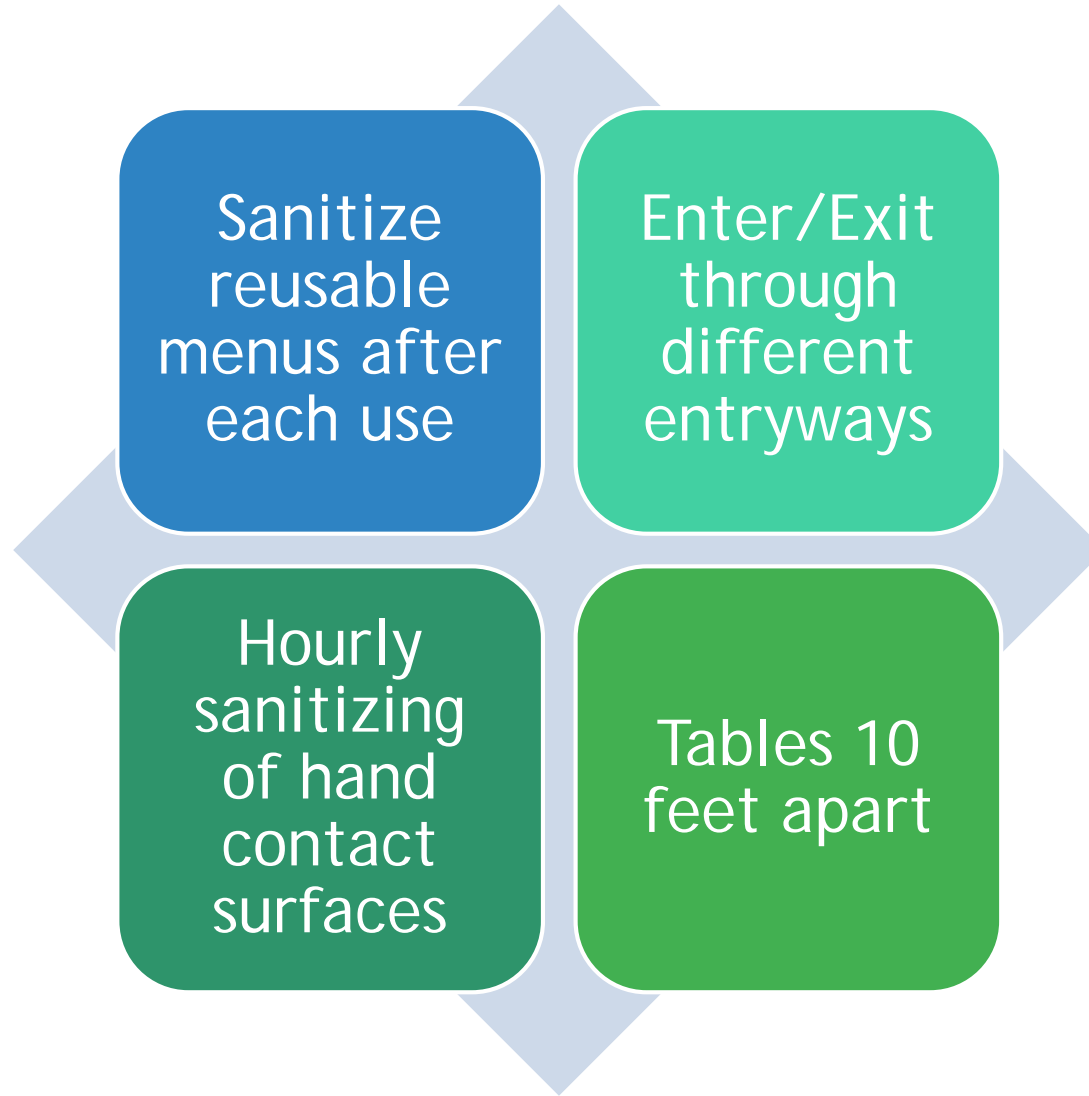


ESTABLISH
CURBSIDE/ENTRYWAY
ORDERING/PICKUP AND
DELIVERY SERVICE



USE DISPOSABLE UTENSILS,
PACKAGED CONDIMENTS,
AND DISPOSABLE MENUS
WHERE POSSIBLE

Restaurants



Bars

Opening in Phase 2

Indoor

- 25% of occupancy
- Individuals and household groups 6 feet apart at bar
- Tables 10 feet apart

Outdoor

- No more than 20 tables 10 feet apart

Walk-ins permitted if logs are kept

Face coverings strongly recommended

Construction and Manufacturing

Allow

Allow workers to don face masks over noses and mouths

Continue

Continue use of required PPE and provide training on donning PPE and protective clothing

Six

Six feet of social distancing throughout site and during safety briefings

Keep

Keep meetings short

Construction and Manufacturing

- ▶ Encourage respiratory etiquette - covering coughs and sneezes
- ▶ Alcohol-based rubs where handwashing isn't immediately available
- ▶ Sanitize, as manufacturer allows, tools before and after use
- ▶ Portable toilet disinfected regularly

Fitness Centers

Phase 2

- Indoor limited to 25% occupancy
- Outdoor limited to 50 people including staff and spectators
- 10 feet social distancing in areas of exercise
- Workout equipment spaced 10 feet apart
- 6 feet of social distancing in areas with no exercise (i.e. locker rooms)
- Mark floor every 10 feet to help maintain 10-foot distancing

Lodging and Overnight Camping



Reservations
encouraged

Over phone or internet
to encourage electronic
payment methods



Host must ask if all parties of group are
members of the same household



Non-household groups discouraged from
sharing tents, cabins, etc.



25 feet between campsites of non-
household members

Fishing Charters

Passengers bring own food and keep separate from crew food

Passengers and crew do not share fishing equipment

Passengers and crew must wear face-coverings

If patrons are household members, charter can be full to legal load of vessel

Non-household members - capacity to allow 6 feet of social distancing between groups

Intrastate Travel

Phase 1

Travel to other communities prohibited

- Exceptions
 - Buying/selling groceries
 - Receiving essential medical care
 - Caring for a family member

Travelers and returning residents
undergo 14-day quarantine upon arrival

Intrastate Travel

Phase 2

- Household groups travel together
- Minimize stops to destination
- One person in group deals with vendors
- Sanitize/wash hands before leaving and returning to car

Small Remote Communities

May adopt stricter guidelines than published by State of Alaska

Some communities have severely restricted/completely halted travel

Some communities not allowing community members to return

Others, if they return - 14-day lockdown

Celebratory gatherings at arrival of travelers suspended

Packages handled like HazMat

Reduced number of flights to remote areas

- Rely on local game for food

Small Remote Communities

May not prohibit the arrival of:

- Emergency First Responders
- Law Enforcement
- Child Protective Services
- Seasonal workers, such as fishermen

Strategies for Small Communities with Seasonal Workers



Require businesses to submit Travel and Mitigation Plans



Set separate store hours for seasonal workers and the community



Seasonal workers have no access to community homes



Require workers to wear face coverings



Require businesses to screen workers 48 hours prior to traveling to community

Examples of Screening Questions

Have you been confirmed positive for COVID-19?

Are you experiencing symptoms of acute respiratory illnesses?

Have you knowingly been in close contact with anyone who has been confirmed positive for COVID-19?

Have you traveled out of state in the last 14 days?

Have you knowingly been in close contact with anyone who has traveled out of state and is exhibiting symptoms?

AKOSH

General Duty Clause

- ▶ Employer must make good faith effort to abide by guidelines
- ▶ AKOSH Enforcement - Case by Case basis

Workers who feel safe can focus on organizational goals

Guidance for Developing Mitigation Plans

- ▶ <https://covid19.alaska.gov/unified-command/protective-plans/>

Abide by Social Distancing, Hygiene, and Sanitizing Protocols

- ▶ Ensure that we save lives and move into Phase 3 of Opening Alaska Safely

Conclusion

- ▶ White House Guide to Opening Up America Again
- ▶ <https://www.whitehouse.gov/wp-content/uploads/2020/04/Guidelines-for-Opening-Up-America-Again.pdf>
- ▶ State of Alaska Health Mandates
- ▶ <https://covid19.alaska.gov/health-mandates/>
- ▶ Coronavirus Disease Outbreak in Call Center, South Korea
- ▶ <https://wwwnc.cdc.gov/eid/article/26/8/20-1274-f2>
- ▶ Safety and Health Topic COVID-19
- ▶ <https://www.osha.gov/SLTC/covid-19/>
- ▶ Time Magazine - Alaskan Villages
- ▶ <https://time.com/5813162/alaska-coronavirus/>

References

Questions?

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